Self Report Standard Form (ages 12-18)



James L. McDougal, Psy.D., Achilles N. Bardos, Ph.D., & Scott T. Meier, Ph.D.

| Student ID: | | | | |
|------------------------|---|---|--------------|--|
| Student Name: | | | | |
| School: | | | | |
| Grade: | | | | |
| Class Name or Teacher: | | | | |
| Today's Date: | / | / | (MM/DD/YYYY) | |
| Your Date of Birth: | / | / | (MM/DD/YYYY) | |

Instructions: Please rate how often each of the following behaviors occurred during the past week.

For each item, ask yourself "How often did this behavior occur to me in the past week?".

Then shade in the best answer for each one. Please shade only one answer for each item.

It is important to respond to every item. For items that you find difficult to answer, please give your best guess.



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Shades circles like this

Not like this: lacktriangle







- 0 = Never (0 times)
- 1 = Rarely (Occurred 1-2 times or to a minimal extent)
- 2 = Sometimes (Occurred 3-4 times or to a moderate extent)
- 3 = Often (Occurred 5-6 times or to a significant extent)
- 4 = Very Often (Occurred 7 or more times or to an extreme extent)

| During the past week, I | Never | Rarely | Some- times | Often | Very Often |
|---|-------|--------|----------------|-------|---------------|
| 1. shared my thoughts with others. | 0 | 1 | 2 | 3 | 4 |
| 2. felt angry. | 0 | 1 | 2 | 3 | 4 |
| 3. had trouble paying attention. | 0 | 1 | 2 | 3 | 4 |
| 4. followed directions. | 0 | 1 | 2 | 3 | 4 |
| 5. felt sleepy or tired. | 0 | 1 | 2 | 3 | 4 |
| 6. was impulsive. | 0 | 1 | 2 | 3 | 4 |
| 7. communicated clearly with others. | 0 | 1 | 2 | 3 | 4 |
| 8. was depressed. | 0 | 1 | 2 | 3 | 4 |
| 9. did something risky. | 0 | 1 | 2 | 3 | 4 |
| 10. had problems staying on task. | 0 | 1 | 2 | 3 | 4 |
| 11. maintained friendships. | 0 | 1 | 2 | 3 | 4 |
| 12. was sad or withdrawn. | 0 | 1 | 2 | 3 | 4 |
| 13. fought with others (verbally, physically, or both). | 0 | 1 | 2 | 3 | 4 |
| 14. acted without thinking. | 0 | 1 | 2 | 3 | 4 |
| 15. felt relaxed interacting with others. | 0 | 1 | 2 | 3 | 4 |
| 16. was easily embarrassed or felt ashamed. | 0 | 1 | 2 | 3 | 4 |
| 17. lied or cheated. | 0 | 1 | 2 | 3 | 4 |
| 18. had trouble remembering things. | 0 | 1 | 2 | 3 | 4 |
| 19. was friendly with others. | 0 | 1 | 2 | 3 | 4 |
| 20. was anxious (worried or nervous). | 0 | 1 | 2 | 3 | 4 |
| 21. lost my temper when I was upset. | 0 | 1 | 2 | 3 | 4 |
| 22. had trouble with organizing and planning. | 0 | 1 | 2 | 3 | 4 |
| 23. worked out problems with others. | 0 | 1 | 2 | 3 | 4 |
| 24. had thoughts of hurting myself. | 0 | 1 | 2 | 3 | 4 |
| 25. threatened or bullied others. | 0 | 1 | 2 | 3 | 4 |
| 26. received failing grades at school. | 0 | 1 | 2 | 3 | 4 |
| 27. felt emotional or upset. | 0 | 1 | 2 | 3 | 4 |
| 28. fidgeted. | 0 | 1 | 2 | 3 | 4 |
| 29. used alcohol and/or drugs. | 0 | 1 | 2 | 3 | 4 |
| 30. tried my hardest when it came to schoolwork. | 0 | 1 | 2 | 3 | 4 |
| 31. was sent to an authority for discipline. | | 1 | 2 | 3 | 4 |
| 32. smoked or chewed tobacco. | | 1 | 2 | 3 | 4 |
| 33. went prepared to class. | 0 | 1 | 2 | 3 | 4 |
| 34. was absent from school. | 0 | 1 | 2 | 3 | 4 |